

CUSTOM CUT AND STYLE



Microblading Aftercare Instructions

READ THOROUGHLY! It is essential that you follow these instructions after your Microblading session:

Day 1 (Day of treatment): 2-3 hours after treatment, wash your hands, gently clean the area with a very small amount of sterile water on a cotton pad, just barely damp, NOT wet (you should NOT be able to squeeze any water from your cotton pad). Do this every 2-3 hour today to avoid build-up of blood/lymph on the area. Don't forget to clean right before you go to bed.

Days 2 & 3: When you wake up, gently wipe the area with a small amount of sterile water on a cotton pad. Be extra careful not to rub the brows hard, tug or scrub the brows. But make sure that you clean any build-up of blood/lymph on the area thoroughly.

Do this every 3-5 hour to avoid any build-up of blood/lymph.

Days 4-14: KEEP YOUR BROWS CLEAN. Gently clean the brow area with a damp cotton pad to clean the brows 2-4 times a day. IF your brows feel tight or dry, using a cotton swab, you may apply a very small amount of Aftercare ointment to brows (very small amount-like half the size of a grain of rice for both brows). This is just to add a small amount of moisture – brows should not appear greasy, glossy or shiny, if they

do, you used too much (too much moisture can promote scabbing). Do not use aggressive movement/manipulation of the skin- be gentle. Make sure your hands are clean before touching your brows. If there are scabs or skin flakes be gentle, so you do not pull a scab off too soon.

The following must be avoided for 10 days post-microblading procedure:

- Allowing any water to touch the brows! No shower stream over brows. Wash face CAREFULLY with a washcloth or cleansing wipes, avoid brow area.
- Sweating
- Exercising
- Practicing sports
- Swimming
- Hot sauna, hot bath, steamy hot showers, or Jacuzzi
- Sun tanning or salon tanning
- Any laser or chemical treatments or peeling, and/or any creams containing Retin-A or Glycolic Acid on the face or neck
- Picking, peeling, or scratching of the brow area. You will cause scarring of the area or removal of the pigment if you pick or peel scabs prematurely.

- Performing tasks related to heavy household cleaning such as garage or basement cleaning where there is a lot of airborne debris – now is not the time!
- Spicy foods
- Smoking
- Drinking alcohol in excess, as it may lead to slow healing of wounds
- Driving in open air vehicles such as convertibles, boats, bicycles, or motorcycles
- Touching of the eyebrow area except for when rinsing and applying the post-care with a cotton swab
- Do not use any cleansers or facial products of any kind, over the brow area for at least 10 days.
- **Absolutely do not** use any ointments, antibiotic creams or gels, or vitamin creams over the brow area – it will draw out the pigment.

Please NOTE: Itching and flaking may appear during the first seven days post-microblading procedure. However, experience has shown that by following these after-care instructions, these symptoms may quickly disappear.

Touch-ups and/or correction of the shape-design is recommended only after 6-8 weeks. You must get your touch-up no earlier than 6 weeks, and no later than 12 weeks after your initial procedure. If you wait longer than 12 weeks, there will be an extra charge.

If you have any unexpected problems with the healing of the skin, please contact Theresa immediately 724-287-5599

WHAT TO EXPECT AFTER YOUR MICROBLADING SESSION:

Your eyebrows will go through several phases during the healing cycle.

Days 1-4: The pigment will appear very sharp and dark. This is because the pigment is still sitting on top of your skin and has not yet settled in completely. The brows may appear larger than desired, this is due to swelling. The hair-strokes WILL shrink with normal healing. The color of the pigment will soften gradually. Do not be alarmed if you see some pigment on the cotton swab, as this is excess pigment and/or body fluid that is naturally exiting your skin.

Days 5-7: Once the healing of the skin starts taking place, it will look like dandruff flakes or dry skin. This might give you the impression that the pigment is fading too quickly, however, this is just superficial color and dry skin being naturally removed from your eyebrows.

Days 8-12: Your brows may look as though the pigment has completely faded – do not panic – take a deep breath and trust the process.

Days 14-28: Your brows may still look a little patchy or uneven, but the pigment will start to “reappear” as the pigment settles, and the healing continues. Any areas that do not reappear can be adjusted at your touch-up session.

Pro-Tip: Once completely healed, always apply a layer of sunscreen SPF 30 up to SPF 50 on your eyebrows when exposed to the sun. Sun exposure might cause the color pigment to fade quickly.